

# RICHMOND REVIEW



## HOME OF THE RAPTORS FEBRUARY 2016

Principal: J. MacJanet

Vice –Principal: G. Klassen

The Richmond Street staff would like to thank you for supporting our school in so many ways. From Breakfast Club and reading programs to donations and trip support, we appreciate our community. We look forward to a fantastic 2016 with many more exciting learning opportunities!

### KINDERGARTEN REGISTRATION REMINDER



February is Kindergarten Registration Month. Just a reminder if you are going to be registering a kindergarten student, please bring proof of address, the student's birth certificate and immunization record. You can pick up a form at the Office or on our Website at [www.dsbn.org/rst](http://www.dsbn.org/rst) to have the forms filled out ahead of time. We are looking forward to meeting new members of our Community

### Upcoming Events

- |   |   |
|---|---|
| Feb. 1 – Chocolate Bar Sales begin!                         | Feb. 15 – Family Day – No School!                       |
| Feb. 2 – Recognition Assembly @ 9 am                        | Feb. 16 – DSBN Intermediate Girls Basketball Tournament |
| Feb. 2 – Ice Dogs Assembly @ 9:45 am                        | Feb. 17 – Sub Day                                       |
| Feb. 3 – Hot Dog Day  | Feb. 18 – DSBN Intermediate Boys Basketball Tournament  |
| Feb. 4 – Carousel Players For Juniors                       | Feb. 23 – School Council Meeting @ 6pm                  |
| Feb. 5 – First Term Report Cards Go Home                    | Feb. 24 – Pizza Day                                     |
| Feb. 10 –Intermediate Trip meeting @ 5:30                   | Feb. 27 – Richmond Night With Ice Dogs @ 7pm            |
| Feb. 10 –Pita Day   | Feb. 29 – Recognition Assembly @ 1:30pm                 |
| Feb. 11– Community Night Sweetheart Dance from 6:30 to 7:30 | Feb. 29 – Last Day For Chocolate Bar Sales!             |
| Feb. 12 –Early Release Day @ Noon                           |   |



**RICHMOND STREET SCHOOL'S  
"HONOURED" STUDENTS FOR THE MONTH OF JANUARY**



<b>Academic Award</b>	<b>Character Trait Award—Initiative</b>
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JK/SK (Mrs. Keus/ Sposato)	M Canlas
JK/SK (Mrs. Fowle/Wright)	K McRae
JK/SK (Mrs. Sullivan/Sims)	S Raynor
JK/SK (Mrs. Raynor/Kraliz)	M Bouvette
Grade 1	S Alaido Mrs. Challice
Grade 1	O Davidson Mrs. Ashcroft
Grade 1	I Gonzalez Mrs. Cavers
Grade 2	V Nyika Mrs. Rankie
Grade 2	D Charles Mrs. Lewitzky
Grade 2/3	Y Trabelsi Mr. Meger
Grade 3	T Gidney Mrs. Horth
Grade 3	C Rowland Mrs. Steinbachs
Grade 4	B Davidson Mrs. White
Grade 4	C Holtam Mr. Oakes
Grade 5	B Keltos Mr. Goar
Grade 5	J Tufford Mr. Cote
Grade 6	C Fox Mrs. Desson
Grade 6	M Hill Mrs. Brydges
Grade 7	B Burke Mr. Benner
Grade 7/8	J Race Mrs. Darling
Grade 8	R Gambell Mr. Currie
French	A Davidson M. Salmon
Music	M Venneri Mr. Teakle

JK/SK (Mrs. Keus/ Sposato)	E Rouchkov
JK/SK (Mrs. Fowle/Wright)	A Twardawsky
JK/SK (Mrs. Sullivan/Sims)	E Sainsbury
JK/SK (Mrs. Raynor/Kraliz)	A MacCormack
Grade 1	L BradBury-Denno Mrs. Challice
Grade 1	A Gambell Mrs. Ashcroft
Grade 1	I Howard Mrs. Cavers
Grade 2	R Eaton Mrs. Rankie
Grade 2	J Janes Mrs. Lewitzky
Grade 2/3	B Sanecki Mr. Meger
Grade 3	C Johnson Mrs. Horth
Grade 3	J Penner Mrs. Steinbachs
Grade 4	E Hagar Mrs. White
Grade 4	M LeBlanc Mr. Oakes
Grade 5	S Broomes Mr. Goar
Grade 5	B Terryberry Mr. Cote
Grade 6	K Santiago Mrs. Desson
Grade 6	J Lambert Mrs. Brydges
Grade 7	K Lambert Mr. Benner
Grade 7/8	D Maltby Mrs. Darling
Grade 8	C Gambell Mr. Currie
French	B Davidson M. Salmon
Music	J Dodd Mr. Teakle



## MARK YOUR CALENDAR!!!!

The elementary school year calendar has been tweaked slightly. As a result, your children will get to enjoy a PA Day on Friday, April 15, 2016. We'll also send out a quick reminder closer to the date, but wanted to give you a heads up so you can begin planning.

If your children currently access before and/or after school care, your provider will contact you with information about availability closer to the date.

## What to do if your child(ren) will be away?

Please call in when you know your child(ren) will be home from school. It saves the office time and it avoids the early wake up calls. We do have an answering machine that will record your message that is available 24 hours a day. Feel free to call at 2am or any other time when you are up with your sick child.

Thanks for your support.  
905-227-2971



## INTERMEDIATE GIRLS BASKETBALL

Our Intermediate Girls Basketball team has had a great start to their season! The girls are working hard to develop their skills and understanding of the game.

Team members include: Jade, Mikayla, Madison, Elisa, Sarah, Brooke, Destinee, Andie, Ava, Nabiha, Kylie, Jillian, and Regan.



## INTERMEDIATE BOYS BASKETBALL



The Richmond Street Int. boys team has had a busy start to the season playing E.I. McCulley, Fitch St., Niagara Islamic Elementary School from Niagara Falls and Ridley College. Within league play, the Raptors started 0 and 2 with a loss to Gordon and G.A Green. However, through hard work and determination, the boys have rattled off three wins in a row against Quaker Road, Pelham Centre and Ridley College and are looking primed for the playoffs. With the Raptors heading into an exhibition tournament at E.L Crossley they will continue to work on prepping for the DSBN tournament early next month. Hard work and participation has been appreciated by Coach Benner and Coach Currie as the boys practice 6 days a week at 7 am. Keep up the hard work and go Raptors!!!!

## CHESS CLUB

The Chess Club is back at Richmond. Every Monday, Wednesday and Friday during first nutrition break, the Grades 3 through 8 students can be found playing chess in the gym! This club is for everyone who wants to learn to play chess or just wants to play. So far, there are about 100 members of the club coming out to play and have fun! What a wonderful game to play and learn in the cold winter months.



## The Breakfast Program is for everyone...

Richmond's program is run out of the canteen. The breakfast club will open for the students at 8:20 a.m. (no earlier, as there is no supervision for the students until 8:20 a.m.). The breakfast club will close at 8:35 a.m. as the students need to get to class when the bell rings.

We have been noticing the student's are arriving for breakfast club at 8:00 a.m. Our volunteers are preparing the breakfast from 8:00 a.m.— 8:15 a.m. and do not have the time or resources to watch over the students while preparing.

Thanks for your support in this matter.  
Richmond Staff



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\*Please note: Yard supervision is not in effect until 8:20 a.m. Please do not send your child to school any earlier as it is for the safety of the students that we need to address this concern.

## MESSAGE FROM PUBLIC HEALTH

February is heart health month, a great time to assess habits and make healthy life-style choices to decrease your risk of heart disease; eat healthy, be physically active and reduce your stress level. Contact your school nurse for more information. Visit [www.heartniagara.com](http://www.heartniagara.com) for more information.



## MESSAGE FROM PUBLIC HEALTH

Mindful parenting, mindful kids

Mindfulness involves being fully present and accepting of our moment-to-moment experiences, without becoming lost in thought about the past or future. Life as a parent is busy and as a result it's easy to operate on auto pilot. Being a mindful parent means taking the time to enjoy the everyday moments with your children. As parents, mindfulness is especially important because it allows you to **role model** mindfulness practice, allowing your entire family to reap the benefits.

Some examples of daily mindfulness activities you can do with your children include:

- 1) Going for a walk and giving everyone the task of finding 5 things that they hear, see or feel/touch during the walk and reporting back to the family upon return
- 2) Spending time unplugged and together as a family. Take turns sharing stories about your day and listen to each with kind attention.

Practicing daily mindfulness activities prepares you to respond thoughtfully to situations rather than react to them. For example, if your child is showing signs of anger, rather than reacting with discipline, take the time to think about why they are upset. Connecting in this way, with compassion can help defuse the situation. Dan Siegel, best-selling author of several parenting books, co-director of the UCLA Mindful Awareness Research Center and executive director of the Mindsight Institute, offers a wonderful description of what it means to be a mindful parent in this short video clip:

<https://www.youtube.com/watch?v=FXxrJEnIboM>

Being a more attentive, mindful parent can help you feel more confident and content within your family!





## AN IMPORTANT MESSAGE ABOUT INCLEMENT WEATHER PROCEDURES

There may be times during the school year where inclement weather or other situations could cause transportation cancellations or school closures.

At times when student transportation has been cancelled and schools remain open, the decision of whether or not to have children in school on that day rests with the parent or guardian.

**Should you decide not to send your child to school in the event that transportation is cancelled but schools remain open, or if your child is ill or late, please ensure that you call your child's school to inform them of your child's absence.**

A key resource in any emergency is the DSBN Emergency Information form that you filled out at the beginning of the school year. Please let the school know of any changes in contact information or procedures you wish to be followed throughout the school year.

For secondary schools it may become necessary to cancel late buses. Notice will be provided via school announcements and on the websites and subscription features by 11:30 a.m.

Information about transportation cancellations and school closures will be available as soon as it is available through the following channels:

**Websites:**

[www.dsbns.org](http://www.dsbns.org)

[www.nsts.ca](http://www.nsts.ca)

**Subscription Features:**

DSBN Facebook or Twitter

NSTS Transportation Delay or Cancellation Alerts

**Phone:**

Niagara Student Transportation Services 905-346-0290 Voice Auto Attendant

**Radio Stations:**

CKTB (610 AM) St. Catharines

WAVE (94.7 FM) Hamilton

CKOC (1150 AM) Hamilton

CHML (900 AM) Hamilton

CHAM (820 AM) Hamilton

Y-108(107.9) Hamilton

CHRE (105.7 FM) St. Catharines

CHTZ-FM (97.7 FM) St. Catharines

CKEY (105.1 FM) Niagara Falls/Fort Erie

K-LITE-FM (102.9 FM) Hamilton

GIANT FM (91.7 FM) Welland

**Television Stations:**

CHCH– Hamilton

CityTV Breakfast Television

CTV Toronto

Cogeco Channel 10